

Sea Food

- Butterfly Prawns* (batter crispy)
Deep fried whole prawns
stuffed with ham \$13.75
- Deep Fried Shrimp* (batter crispy) . . \$13.00
With Pineapple or
Sweet & Sour Sauce \$13.75
- Pineapple or Tomato Shrimp*
(Not in batter) pan fried with green pepper, celery,
onion and pineapple or with fresh tomato . . . \$13.75
- Garlic or Curried Shrimp* (Not in batter)
pan fried with broccoli, celery, onion in black bean
garlic sauce, or in curry sauce \$13.75
- Diced Almond Shrimp Ding*
Pan fried diced shrimp, mushroom, carrot,
corn, green peas, celery, and onion, topped
with toasted whole almonds \$13.75
- Seafood Mix Greens*
Scallops and shrimps, stir fried with fresh garlic
accompanied with Broccoli and greens \$15.75
- Deep Fried Scallops* (batter crispy)
With sub gum Chinese pickles
sweet & sour sauce \$14.75
- Mushroom Scallops* (batter crispy)
Deep fried scallops blended with oyster sauce, mushrooms
and a variety of green vegetables \$14.75
- Shrimp Mix Greens* \$14.75

Chow Mein

- Shanghai Noodles* are large fat noodles stir
fried with chicken, chinese mushrooms and
cabbage \$11.75
- Singapore Noodle* "Rice Noodle"
stir fried with curry, shrimp, pork & bean
sprouts \$11.75

Crispy Noodles Chow Mein

Old school inspired from first western Chinese Canadian Community. Bean sprouts, celery,
and onion pan fried with Chinese cooking wine topped with crispy noodles

- Shrimp* \$10.75 *Chicken / Beef / Mushroom* . . \$9.75

Chicken Dishes

- Pineapple or Sweet & Sour*
Chicken Balls (batter crispy) \$12.75
- Pineapple Chicken* (not in batter)
Boneless slices of chicken, pan fried with
pineapple, green pepper, celery & onion . . . \$12.75
- Crushed Almond Chicken*
(Batter crispy) tender fresh breast of
chicken in batter, deep fried and
sprinkled with chopped almonds \$12.75
- Crispy Lemon Chicken*
(Batter crispy) deep fried tender breast
of chicken, specially prepared, topped
with fresh lemon sauce, one of our most
popular dishes \$12.75
- Curried Chicken*
(Not in Batter) boneless slices of chicken
pan fried with a variety of green vegetables
in curry sauce \$12.75
- Mushroom Chicken Balls*
(Batter crispy) deep fried chicken blended
with oyster sauce, mushrooms and a variety
of green vegetables \$13.75
- Mushroom Chicken Gai Pan*
(Not in Batter) sliced boneless chicken,
pan fried with mushrooms and a variety
of green vegetables \$13.75
- Chicken Drum Sticks and Wings*
In Heaven with sweet and sour sauce \$11.75
or Honey Garlic \$11.75

- Cantonese Special* very fine egg noodles, pan fried
with shrimps, chicken, barbecued pork, bamboo shoots
and bean sprouts \$10.75

Chinese Style Aristocratic Chow Mein

- Pan fried crispy golden brown egg noodle
with a variety of vegetables.
Beef / Chicken \$12.75 *Shrimp* \$14.75

Gourmet Special

- Peaches and Cream Shrimp*
Prawns battered lightly. Tossed in a light cream sauce
with preserved peaches. Served on a bed of fried rice
noodle. Truly an unique dish from Hong Kong.
\$15.75

Seafood Aristocratic Chinese Style Chow Mein

- Jumbo shrimp and scallops pan fried with a variety of
vegetables over a bed of fine crispy golden brown
egg noodles, real Chinese Country Style.
\$15.75

Scallops with Pea Pods

- Fresh scallops pan fried with pea pods, celery, onion
and bamboo shoots.
\$15.75

Lobster Tail Canton

- Chopped into cubes, mixed with minced pork,
seasoned with wine and spices, pan fried then blended
in a soft egg sauce
\$32.75

Lobster Tail Aristocratic

- Chopped into cubes, seasoned with wine and black bean
garlic sauce, pan fried with hearty vegetables.
A truly Cantonese dish.
\$32.75

Spicy

Sze-Chuen Shrimps

- Tossed shrimp marinated with wine and oriental chili
and spices, cooked with cashew nuts, diced bamboo shoots,
peas, straw mushrooms, green pepper and onion.
\$15.75

Imperial Peppercorn Stirfry

- Onion, green and red pepper pan fried with peppercorn
and sauteed in our chef's favourite wine.
choice of chicken or beef
\$14.75

Crispy Shrimp

- Deep Fried jumbo shrimp in light fluffy crispy
egg batter, served with spicy hot sauce.
\$13.75

Fresh Tomato Chicken

- Cubes of tender boneless chicken marinated with wine
pan fried with fresh tomato and onion.
\$13.75

Sesame Chicken Canton

- Boneless chicken marinated with wine, sauteed in sesame
oil, then pan fried with pea pods, celery, onion,
bamboo shoots, topped with sesame seeds.
\$13.75

Yang Chow Fried Rice

- Northern style with special light brown soya sauce,
shrimp, barbecued pork and green peas.
\$11.75

Crispy Nest

- Choice of meat or seafood marinated with wine, pan
fried with a variety of vegetables. Served in potato nest.
Beef or Chicken \$14.75
Shrimp & Scallops \$16.75

Korean Chicken

- Tender boneless chicken pan fried in world famous
tradition AL Korean chili blend with green peppers,
celery and onion.
\$14.75

Lemon Grass Chicken

- Adapted from southern China, strips of tender
chicken, flash fried and glazed with lemon grass, onion
and chili Thai fish sauce.
\$14.75

May We Introduce ...

Our "Vegetarian" Menu

Chow Mein

golden brown egg noodles, pan fried with shredded bamboo shoots, celery, onion, bean sprouts, topped with Mushrooms / Crushed Almond / Fresh Tomato or Curried Sauce \$10.75

Fried Rice

fried rice with or without egg, imported Chinese soya sauce and green peas with Mushrooms / Crushed Almond / Fresh Tomato or Curried Sauce \$9.75

Plain Aristocratic Greens \$10.75

Pea Pods or Broccoli with Black Bean Garlic Sauce

snow pea pods or broccoli, celery, onion, bamboo shoots toss cooked with Chinese black bean garlic sauce \$10.75

Shredded Aristocratic Greens

shredded bamboo shoots, celery, onion, pea pods, mushrooms and bean sprouts toss cooked, over a bed of oriental style crispy fried rice noodles topped with whole almonds or cashew nuts \$10.75

Diced Almond or Cashew Nuts Ding

A variety of diced vegetables toss cooked with mushrooms topped with whole almonds or cashew nuts \$10.75

Sam See Foo Yong

the Chinese style omelette with green peas, celery, onion, mushrooms and bean sprouts \$10.75

Fresh Tomato, Green Pepper

fresh tomato, green pepper, onion, pan fried with tomato sauce with or without egg \$10.75

Mushroom Bean Cakes

soya bean cakes, deep fried lightly and cooked with imported soya sauce, mushrooms and onion \$10.75

Lo Han Jai

a special Buddhist recipe of soya bean cake, waterchestnuts, bamboo shoots, mushrooms and a variety of vegetables, toss cooked, over a bed of Oriental style crispy fried rice noodles, topped with whole almonds or cashew nuts \$11.75

Dry Spicy ToFu (deep fried) \$10.75

For banquets, parties, business or social gatherings and catering, etc. please consult our management.

Home Delivery
Piping Hot to Your Door.

Weight Watchers:

Aristocratic Greens, pea pods, broccoli celery, onion, bamboo shoots, sweet mini corns and mushrooms
with Beef \$11.75
with Chicken \$11.75
with Shrimps \$13.75

Appetizers

Egg Rolls (each) \$2.50

Chinese Spring Rolls (each) \$1.75 (4) \$6.50

Green Onion Cakes (each) \$2.50 (2) \$4.75

Vietnamese Spring Rolls (8) or Vegetarian (6) \$6.75

Dry Garlic Ribs \$10.75

Breaded Dry Ribs \$10.75

Deep Fried Wontons with Sweet & Sour sauce \$8.75

Pork Dumplings \$9.75

Barbecued Pork (cold) \$8.75

Scallop Rolls \$8.75

Crispy Bo-Bo \$8.75

(Minced pork deep fried in batter)

Shrimp Cocktail \$9.75

Lingnan's Tidbit Plate \$14.75

(Beef wonton, green onion cake, dry ribs, Vietnamese spring rolls, scallop rolls, Shrimp chips)

We Use Pure Vegetable Oil In All Our Cooking

Soups

Wonton (small) \$2.50

(large) \$7.75

Wor Wonton or Wor Mein . \$13.75

Hot & Sour (for 2) \$7.00

Chicken Cream Corn (for 2) \$6.50

Egg Swirl and Pea (for 2) . \$6.50

Westlake Soup (for 2) \$7.00

Chicken Rice \$2.25

Chicken Noodle \$2.25

Side Orders

Chicken Finger Plate \$8.75

French Fries \$4.00

Toasted Cashews \$5.00

Toasted Almonds \$5.00

Mushrooms \$6.00

Visit us at:
www.thelingnan.com

Minimum Charge \$10.00 Per Person

Our Chef's

Mandarin Chicken

Deboned chicken steamed with delicate Chinese spices and pressed with water chestnut flour, deep fried and served with Chef's special Sauce

\$16.75

Cashew Nuts Tossed Chicken

Strips of tender boneless chicken marinated with lobster sauce, toss fried with cashews. One of our chef's most proudly presented dishes.

\$14.75

Black Bean Chicken

Cubes of tender boneless chicken marinated with wine and delicate spices, cooked in black bean garlic sauce, an authentic Cantonese dish.

\$14.75

Gee Gee Chicken

Tender sizzling boneless chicken, cooked in an earthenware pot and served piping hot, an all time favourite.

\$14.75

Lemon Chicken Canton

Cubes of tender boneless chicken specially prepared with wine, cooked in fresh lemon sauce.

\$14.75

Goo Lo Pork Loin

Sweet & sour Sub gum pickles, Prince Philip's favourite.

\$11.75

Mongolian Filet Mignon

Slices of beef tenderloin marinated with Chinese wine, sauteed with onions in our Chef's exotic sauce.

\$18.75

Filet Mignon Aristocratic

Slices of beef tenderloin marinated with Chinese wine pan fried over a bed of a crispy variety of vegetables, a real Cantonese favourite.

\$18.75

Ginger Beef

Slices of tender beef, marinated with wine and sauteed with sliced of tender oriental ginger and green onion, an authentic Cantonese dish.

\$14.75

Mandarin Beef

Marinated slices of tender beef, pan fried with thin slices of crispy toast and bamboo shoots, a delicacy from the Orient.

\$14.75

Shadi Beef

Sliced of tender beef marinated with wine and oriental spices, pan fried with green pepper, onion, celery and shadi sauce - a northern specialty.

\$14.75

Sze-Chuen Beef

Strips of beef, marinated with Chinese wine, sauteed with green pepper and onions, cooked in our Chef's exotic sauce.

\$13.75

Hot & Dry Spicy Chicken

Pieces of boneless crispy chicken, wok smoked, with exotic blends of spices, green pepper and onion.

\$14.75

Sze-Chuen Chicken

Cubes of tender boneless chicken marinated with wine and delicate oriental garlic chilli, pan fried with green pepper, celery and onion - a northern specialty.

\$14.75

Kung Pow Chicken

Diced chicken, celery, bamboo shoots, mushroom, mini corn, wok fried with chili and Hosine sauce, topped with cashews and Chinese croutons.

\$13.75

Hot &

Meat with Vegetables

Snow Pea Pods (in season)

With beef or barbecued pork \$11.75

Beef and Suey Choy \$11.75

Beef Oyster Sauce Mixed Green slices of tender beef simmered in oyster sauce, pan fried with mushrooms, bamboo shoots and a variety of vegetables \$11.75

Beef and Fresh Tomatoes \$11.75

Triple Delight shredded chicken, barbecued pork, bamboo shoots, celery, pea pods and bean sprouts, toss cooked and topped with crispy rice noodles \$11.75

Curried Beef green pepper, broccoli, celery and onions pan fried with curry sauce \$11.75

Beef and Broccoli marinated slices of tender beef fried with broccoli, celery, onion and bamboo shoots in a Chinese Style, crispy and tender \$11.75

Manchurian Beef slices of tender beef marinated with imported spices, toss fried with mushrooms, and a variety of vegetables in tomato sauce . . . \$11.75

Beef or Barbecued pork, Mini Corn and Imported Straw Mushrooms (a new delicacy from China to be introduced to the public), finger sized sweet corn, straw mushrooms toss fried with varieties of vegetables \$12.75

Lee Hong Chong Aristocratic The first Chinese dish introduced to the western world was by a special envoy named Lee Hong Chong. His recipe for cooking was the reason Chinese food became popular throughout the world. Shrimp, chicken and barbecued pork pan fried with a variety of vegetables \$12.75

Diced Almond Chicken (gai ding) \$11.75

Cashew Nuts Chicken (gai ding) \$11.75

Lingnan Special Chop Suey toss fried with shrimps, chicken, barbecued pork mushrooms and bean sprouts \$11.75

Chop Suey (bean sprouts) \$10.75

Choice of Chicken, Beef, Mushrooms

Spareribs

Lingnan Special breaded sweet and sour spareribs \$11.75

Pineapple Breaded sweet and sour spareribs \$11.75

Honey Garlic Ribs \$11.75

Sweet and Sour Ribs \$11.75

Lemon Ribs \$11.75

Sweet and Sour Sauce \$2.00

Fried Rice

Lingnan Special blended with diced ham, shrimps, mushrooms and green peas \$10.75

Chicken / Pork / Beef \$ 9.75

Tomato Beef over fried rice \$10.75

Curried Beef over fried rice \$10.75

Plain \$8.50

Steamed White Rice per bowl . . . \$4.00

Egg Foo Yong

Lingnan Special A Traditional Chinese Canadian dish developed by the Chinese railway workers. Fresh eggs blended with shrimp, mushrooms, green peas, celery, onion and bean sprouts. \$11.75
Shrimp \$11.75
Chicken or Mushrooms. \$10.75

Dessert

Crispy Flower Twists 6 pcs. \$3.00

Ice Cream \$2.00

Beverage

Chinese Jasmine Tea \$1.50

Coffee \$2.00

Tea \$1.50

Milk \$2.00

Soft Drinks \$2.00

We Regret We Cannot Be Responsible For Last Articles.

De-Luxe Dinner

De-Luxe Dinner For 2 \$17.75 per person

- Won Ton Soup*
- Butterfly Jumbo Shrimp*
- Crispy Lemon Chicken*
- Manchurian Beef, Lobster Sauce*
- Lingnan Special Fried Rice*
- Fortune Cookies*

(service for 3 persons, portions increased accordingly)

De-Luxe Dinner For 4 \$17.75 per person

- Won Ton Soup*
- Butterfly Jumbo Shrimp*
- Crispy Lemon Chicken*
- Manchurian Beef, Lobster Sauce*
- Cashew Nuts Chicken Gai Ding*
- Lingnan Special Fried Rice*
- Fortune Cookies*

(service for 5 persons, portions increased accordingly)

De-Luxe Dinner For 6 \$17.75 per person

- Won Ton Soup*
- Butterfly Jumbo Shrimp*
- Crispy Lemon Chicken*
- Manchurian Beef, Lobster Sauce*
- Cashew Nuts Chicken Gai Ding*
- Cantonese Chow Mein*
- Lingnan Special Fried Rice*
- Fortune Cookies*

(service for 7 or more persons, portions increased accordingly)

Yang Sing Gourmet Menu

For 2 Persons

\$32.75 per person

Yang Sing Tidbit Plate

Vietnamese Spring Roll, Green Onion Cake, Dry Garlic Ribs, Shrimp Chips

Soup

imported straw mushroom chicken wonton

Entree

Mongolian Filet Mignon

slices of beef tenderloin marinated with Chinese wine, sauteed with onions in our chef's exotic sauce.

Lobster Aristocratic Pea Pod

chopped into cubes seasoned with black bean garlic sauce, pan fried with pea pods, celery, onion and bamboo shoots.

Yang Chow Fried Rice

northern style with special light brown soya sauce, shrimps and barbecued pork.

Dessert

Crispy Flower Twists

For 4 Persons: Gee Gee Chicken added to above.

For 6 Persons: Sub Gum Goo Lo Pork (sweet & sour) add to above.

Individual Combination Plates

Soup of the Day

: A :

- Barbecued Pork (cold)*
- Diced Chicken, Bean Sprouts*
- Sweet & Sour Spareribs*
- Fried Rice*

\$13.75

: B :

- Barbecued Pork (cold)*
- Deep Fried Shrimp*
- Chicken Chow Mein*
- Sweet & Sour Spareribs*
- Fried Rice*

\$15.75

Fortune Cookies

: C :

- Crispy Beef Wonton*
- Deep Fried Shrimp*
- Beef Mix Greens*
- Cashew Nuts Chicken*
- Bean Sprouts*
- Barbecued Pork Fried Rice*

\$17.50

Family Style Dinner

Dinner For 2 \$16.50 per person

- Soup of the Day*
- Deep Fried Shrimp*
- Sweet & Sour Spareribs*
- Chicken Chow Mein*
- Barbecued Pork Fried Rice*
- Fortune Cookies*

(service for 3 persons, portions increased accordingly)

Dinner For 4 \$16.50 per person

- Soup of the Day*
- Deep Fried Shrimp*
- Sweet & Sour Spareribs*
- Chicken Chow Mein*
- Beef Broccoli*
- Lingnan Special Fried Rice*
- Fortune Cookies*

(service for 5 persons, portions increased accordingly)

Dinner For 6 \$16.50 per person

- Soup of the Day*
- Deep Fried Shrimp*
- Pineapple Sweet & Sour Chicken Balls*
- Chicken Chow Mein*
- Beef Broccoli*
- Barbecued Pork Ding*
- Lingnan Special Fried Rice*
- Fortune Cookies*

(service for 7 or more persons, portions increased accordingly)